



TRIAL SPOTLIGHT

The CUPISCO Phase II Trial

The aim of CUPISCO was to see if treatment choices guided by **comprehensive genomic profiling** improved outcomes in patients diagnosed with CUP. The study compared patients who got chemotherapy with those who got treatments (targeted therapy or cancer immunotherapy) based on their **comprehensive genomic profiling** results, called 'molecularly guided therapy (MGT)'. CUPISCO also compares side effects in the two groups of patients. Initial results were presented at the ESMO Conference in October 2023. The trial is now closed to recruitment.

What were the main findings?

- MGT significantly increased progression free survival, compared with chemotherapy.
- More people responded to MGT than to chemotherapy.
- Patient's self-rated health and overall physical, social, emotional, and functional well-being was the same regardless of the treatment.
- The number of patients who had side effects related to treatment was generally similar or lower for MGT than for chemotherapy.
- Continued follow-up will provide information about survival.



UPCOMING EVENT



The Changing Landscape of CUP

19th January 2024 @ The Spine,
Liverpool. Free to attend! Scan QR
code above for more info.



RESEARCHER HIGHLIGHTS



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Q1: Are there any current training opportunities in CUP Research?

A: There is a clinical training opportunity to study for a PhD in CUP. Please follow the link for more details. [Leeds-Manchester Clinical Research Training Fellowship Project](#)

Q2: What are you looking forward to in the next year?

A: The workshop on the Changing Landscape of CUP in January ([see above](#)) and seeing the final results of the CUPISCO study!

Q3: What plans do you have for future CUP Research?

A: We are currently setting up a new trial which will investigate the use of liquid biopsies (blood tests) in patients diagnosed with CUP. We are interested in hearing from sites from across the North-West that would be interested in taking part in the study. We intend to hold a webinar for sites to learn more about the study and will be sending out feasibility forms soon. Please contact us on the email below if interested.

CUP Consumer Group

In June 2023, we invited patients with CUP, as well as their family and carers, to discuss their experience of CUP and their views specifically on the diagnostic process and how we might be able to improve this. We also explored how we can involve patients and the public in future research.

We received overwhelming positive feedback from those that attended. We have compiled the responses into a word cloud. All participants were very complimentary of the value of the session and were enthusiastic for future CUP-specific peer support groups.

If you have any patients that would be interested in joining the consumer group, please ask them to contact:

the-christie.cup-research@nhs.net

Questions or items for future newsletters can be sent to: the-christie.cup-research@nhs.net

today has benefited me
I've
had my eyes opened today
Interesting
meeting and sharing experiences with others
great
to share experiences with other cup patients and brainstorm ideas
having that sort of
community and camaraderie, for me, would be invaluable
that sort of community meeting up would work out. I think it'd be really useful.
this was important today It
gave everyone the opportunity to contribute
should be held on a regular basis to keep everyone informed.
I think it's really important that you have these groups
I'm learning new things from other patients
Nice
to feel valued

Note: text size is not proportional to number of responses.