Genomics in Cancer

What is it? How is it done? Why is it important?

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Roche arranged session, with participation from Emma Kinloch (Salivary Gland Cancer UK) & Debra Montague (ALK +ive UK).

No financial contributions have been made to the presenters for this session.
Genomics vs Genetics - what’s the difference?

Genetics
The study of genes and their role in inheritance

Genomics
The study of all of one person’s genes and their functions

Available at: World Health Organisation definition of genetics and genomics
https://www.genome.gov/about-genomics/fact-sheets/Genetics-vs-Genomics
Cancer - ‘acquired’ changes can build up during our lifetime
How can these changes lead to cancer?

Normal Oncogene
(Encourages cell growth when needed)

Activating Mutation in Oncogene
(Leads to accelerated cell growth at the wrong time)

Normal Tumor Suppressor Genes
(Slow down cell growth)

1st Knockout Mutation
(Susceptible carrier)

2nd Knockout Mutation
(Leads to inability to stop growth)

Cancers are unique


How do we test?

- **Solid tissue biopsy**
  - Needle

- **Liquid biopsy (blood)**
  - DNA extraction
  - **Tumour DNA**
  - **Healthy DNA**
  - **Tumour cell**
  - **Leukocyte**
  - **Erythrocyte**
  - **Lymphocyte**
Tumour Sample - from surgery or biopsy

Liquid Sample - usually blood

Sample examined by a pathologist to ensure it is able to be ‘profiled’ (sufficient quantity/quality)

DNA is extracted

DNA is separated from all other cell parts.

Sample goes through comprehensive genomic profiling - normal cell DNA is compared to cancer DNA to find changes that could have caused the cancer

Genomic Profile

Data analysed - experts combine their knowledge with cancer information database to confirm and describe changes found

Report - sent to your doctor with changes found, and possible treatments or trials.
What tests and where do they happen?

https://www.england.nhs.uk/publication/national-genomic-test-directories/
Genomics service centralised in Cardiff for whole of Wales.  
https://medicalgenomicswales.co.uk/

Four regional centres based in Aberdeen, Dundee, Edinburgh and Glasgow  

Genomics centre in Belfast for the whole of Northern Ireland.  
https://www.qub.ac.uk/research-centres/PMC/Genomics/
Personalised medicine can involve the use of targeted therapies

Targeted therapies work by acting on specific DNA changes or proteins involved in the growth, development and spread of cancer.

They can:
• Block/turn off the signals that tell cancer cells to grow and divide
• Stop making new blood vessels to feed the cancer cells
• Kill the cancer cells, by:
  – Changing proteins within cancer cells
  – Delivering a substance that kills cancer cells
  – Triggering your immune system to kill cancer cells (also called Immunotherapy)
DNA changes found in the cancer may:

- Be linked to a licensed treatment *funded* by the NHS
- Be linked to a licensed treatment but *no funding* is available via the NHS
- Might indicate the possibility of a *trial* looking at treatments as yet unlicensed.
- Indicate *no suitable* targeted treatments or trials are available

- Even if a treatment is suggested, there are no guarantees that it will work.
- This is because cancer is a complex disease driven by multiple factors and responses to therapies can vary from patient to patient.
‘From Testing to Targeted Treatments’ - Adaptable resources for Patient Groups including a question and answer guide for patients.

https://precisionmedicine.synapseconnect.org/resources/targeted-therapy-for-cancer-adaptable-resource

A Roche resource for Patient Groups including a slide kit on Personalised Cancer Care.

Questions??
Why are genomics important to rare cancer patients?
Why is it important to you

Many rare cancers are poorly understood in terms of their biology, and so no targeted treatments are available.

Understanding the genomic profile of your tumour can help drive forward research and understanding of your cancer. With more samples available to be studied, more patterns in cancers can be seen.

Comprehensive characterisation of the genomic alterations using matched clinical information with genomic data, can help detection of changes which could be potentially targeted by therapeutics e.g. Tumour Mutational Burden (‘TMB’).

Having your tumour genomic information stored in a central place e.g. a specialist Hub with a biobank, or patient registry, means you are contributing to this understanding.
Why is it important to you

*When new ‘targets’ or drugs to ‘target the targets’ become available, how will you know and be included in any trials?*

Having your tumour genomic information stored in a central place e.g. a specialist Hub with a biobank, or patient registry, means you can be found, and recalled for a trial.

Whole genome sequencing is now available on the NHS – but there is not a guaranteed recall mechanism currently.

If you go into a clinical trial then part of the pre-screen will include a genomic test but it’s important to understand what panel is being used.

Cancer vaccines.
Why is it important to you

*What else do your patients need to know? e.g. how do they get referred?*

Strongly encourage information specific to your cancer, to be available to your patients.

SGC UK put downloadable co-designed leaflets on our website:

[Gene profiling or tumour profiling or genomic testing - Salivary Gland Cancer UK](https://www.salivaryglandcanceruk.org.uk)
Thank you for listening

Any Questions?

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Twitter/FB/Insta: @SGCancerUK

www.salivaryglandcancer.uk/get-involved/join-our-network/
ALK Positive Lung Cancer (UK)

A patient-focused charity that

SUPPORTS  EMPOWERS  ADVOCATES
• Patients progress on targeted treatments
  • Progression due to either –
    • The treatment stops working
    • Oncogene driver mutates to another oncogene driver

• Inconsistent ability to access a re-biopsy across the UK
• Patients needed confidence to challenge their Oncologist
  • Need a resource to understand Biomarkers
DO I HAVE THE RIGHT TO BIOMARKER TESTING?

As a patient, you have the right to:

- Receive optimal care and engage in shared decision-making with your healthcare team when discussing your personalized treatment plan.
- Access and understand your biomarker test results, which have critical information about whether you may respond to treatment.
- Request a print or electronic copy of your biomarker testing report for your medical records; they can be helpful in seeking a second opinion.
- Seek a second opinion about your treatment options.

WHAT QUESTIONS SHOULD I ASK MY HEALTHCARE TEAM BEFORE AND AFTER BIOMARKER TESTING?

Understanding diagnostic procedures

- What diagnostic tests do you recommend for my condition and why? What can the test results tell me about my condition?
- What will the tests involve? Are they available to me? How much time/energy will it require from me?
- When and where will I have my testing completed? Will all testing be completed now or will some be done later?
- Is there a waiting period to have any tests done? How long will it take to get the results?
- How will I be given my results? Who can help me understand them? Can I have a copy of my test results?

Understanding treatment options

- What does each treatment aim to do and how effective is it likely to be? Is there anything I can do myself to help?
- Do I need to have further tests before initiating the treatment? Will I have to wait to get all the test results back before starting treatment?
- When will the treatment start? Is there time to wait and see, and time for me to consider my options?
- What are the potential side effects of the recommended treatments? How might they affect my quality of life? What can we do to manage them?
- Will the recommended treatment interact with other medications I am taking for my condition or vice versa? How can we manage this?
- How do I take my treatment and how often? How long will it last?
- I would like to get a second opinion before I commit to my treatment plan. Can you suggest a suitable specialist?
- Is there any psychological/social/emotional support or tools available during my treatment to support me and/or my family members?
- Will I need to contribute financially towards my tests? If so, are there financial assistance programs or resources you can recommend (in countries where relevant)?

HOW DO I GET ADDITIONAL RESOURCES AND SUPPORT?

You might like to contact the charity ALK Positive Lung Cancer (UK) via their website at www.alkpositive.org.uk.
ALK Positive Lung Cancer (UK)

A patient-focused charity that supports, empowers, and advocates.