You can donate on-line through Just Giving or by Cheque, or by Standing Order.

**Jo’s friends** has been in existence since May 2007 and has filled the gap that existed for patient information and support. The charity acts also as an advocate for those affected by this unknown disease.

What do we need funds for?

**Research** – to help us undertake, commission, and stimulate CUP research. In recent years we have supported financially an immunotherapy trial, a trial on identifying DNA in tumour cells from a blood sample; patient experience research, and patient decision aids.

Reaching out and raising awareness – to develop and share the knowledge of health care professionals and to make more people aware of the hidden cancer that is killing thousands every year in the UK.

**What patients say...**

“Soon after my diagnosis my daughter contacted you, and you were kind and gave her hope.”

“Am so glad to have found this site!!! Simple. Sympathetic. Honest. I’m in a rush in the middle of the ocean and no one knows I’m there or can rescue me... I started to cry at the thought that foundid people who have experienced frustration of dealing with this illness and can understand my frustration.”

“If you have CUP you are given less support than other cancer sufferers as you do not slip into a definite category.”

“Your site is so great. I have a hard road ahead but feel calmer now that I’ve started a targeted chemo treatment I fully understand the importance of your website and help.”

“At first I was tired of answering the questions about CUP to friends and some doctors but this website has helped me realize that the world needs to know about us.”

Endorsements

The Foundation has been instrumental in bringing together experts from across the world and encouraging the development of research to improve the outcomes of patients with CUP.

Dr Andrew Fowell, Macmillan Consultant in Palliative Medicine

The landscape for CUP patients has changed beyond all recognition compared with 10 years ago... the CUP Foundation has been behind the vast majority of these steps.

Dr Richard Osborne, Lead Clinician for the NICE CUP Guideline (2010)

This site provides much needed and accessible help for CUP patients and their loved ones – I’m very, very impressed.

Nicola James, Macmillan Nurse Consultant

To learn more about the work of the Cancer of Unknown Primary Foundation - Jo’s friends, or to contact us by eMail, please visit: www.cupfoundjo.org

CUP Foundation
The Fold, Lower End
Daglingworth
Cirencester GL7 7AH
Registered Charity No: 1119380
Jan 2020

Please help us to help others by raising awareness of CUP or by making a donation towards our work.

You can donate on-line through Just Giving or by Cheque, or by Standing Order.

**JustGiving**

Making the unknown, known
Cancer of Unknown Primary (CUP) is hidden cancer. The term is applied when a patient is diagnosed as having cancer which has spread, but its origin cannot be identified. This makes treatment, which is based on the profile of the primary cancer, extremely difficult.

Jo’s friends was established in memory of Jo Symons who died of CUP in September 2006, a few days after her 46th birthday. To her family and friends it seemed incomprehensible that, in the 21st century, it was not possible to make a primary diagnosis and that little was being done to promote awareness and research; or to offer information and support to CUP patients and their carers.

Who has heard of CUP?

- CUP represents 2-3% of cancer incidence affecting 9,000 people in the UK each year. It is the 6th commonest cause of cancer deaths.
- Patients suffer the double agony of a cancer diagnosis with the added distress of not being able to explain the origin of their cancer.

CUP biology is not understood other than that the primary cancer stays small or disappears, yet the cancer spreads unpredictably, often to more than one organ.

Most CUP definitions are of carcinoma of unknown primary where (unlike lymphoma, sarcoma and melanoma) further distinctions are needed to achieve effective treatment.

Because the cancer cells lose their unique features as the cancer spreads, identifying the original cancer cells (the target of chemotherapy) is difficult.

CUP is a challenging disease

Doctors lack understanding of the disease and patients presenting with CUP often do not have the medical and other benefits available to those with site-specific cancers.

CUP patients need:
- rapid identification with early and appropriate specialist involvement
- efficient arrangements to manage the initial diagnostic investigations without delay
- support and information about CUP
- early involvement of specialist palliative care.

Research is needed to improve diagnosis and treatment

The primary cancer may remain hidden during treatment (and at post mortem). This makes CUP a challenging diagnosis for both doctor and patient.

As diagnostic techniques improve, an increasing number of patients with a provisional diagnosis of CUP may be treated effectively. But life expectancy for those with confirmed CUP is limited.

What is CUP?

CUP patients need:
- We run international conferences bringing together CUP experts from around the world.
- Jo’s friends has committed funds for clinical research and has worked with international partners on patient experience research and epidemiological studies.
- (3) Promoting change through:
  - Raising awareness of this low profile disease and the unique problems facing CUP patients.
  - We have worked with other charities such as Macmillan Cancer Support and Sue Ryder to provide CUP-specific patient information.
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Our mission is to

Make the Unknown, Known by:

(1) Providing Information and Support to CUP patients and their carers.
- Our in-depth website at www.cupfoundjo.org provides essential information for patients and carers.
- We have worked with other charities such as Macmillan Cancer Support and Sue Ryder to provide CUP-specific patient information.

(2) Research that improves diagnosis, management and treatment to help today’s patients and end the problem of CUP.
- We work with national and international organisations to encourage research, knowledge-sharing and expertise that benefits CUP patients.
- We run international conferences bringing together CUP experts from around the world.

(3) Promoting change through:

- Raising awareness of this low profile disease and the unique problems facing CUP patients.
- We have worked with other charities such as Macmillan Cancer Support and Sue Ryder to provide CUP-specific patient information.
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Donations

- I would like to support the work of CUP Foundation - Jo’s friends by making a donation of £...............
- Please contact me about making a regular payment by Standing Order.

Please treat all donations I make from the date of this declaration, until I notify you otherwise, to Cancer of Unknown Primary Foundation – Jo’s Friends as Gift Aid donations. I am a UK taxpayer and pay an amount of income tax and/or capital gains tax each year at least equal to the tax that can be reclaimed on my donation(s).

Signature ……………….......…... Date …….......…

All donations will be acknowledged. Please return this form to: CUP Foundation The Fold, Lower End, Daglingworth, Gloucester GL7 7AH

Our in-depth website at www.cupfoundjo.org provides essential information for patients and carers.

Research is needed to improve diagnosis and treatment

What do we do?