Please help us to help others by raising awareness of CUP or by making a donation towards our work.



You can donate on-line through Just Giving or by Cheque, or by Standing Order.

**JustGiving**\*\*

cancer of unknown primary friends of www.

www.cupfoundjo.org

Jo's friends has been in existence since May 2007 and has filled the gap that existed for patient information and support. The charity acts also as an advocate for those affected by this unknown disease.

## What do we need funds for?

**Research** – to help us undertake, commission, and stimulate research into CUP e.g: the epidemiology, diagnostics and treatment of CUP, as well as to continue 'patient experience' research.

Reaching out and raising awareness – to make people realise that there is still a hidden cancer that is killing thousands every year because there is insufficient demand for action. We need also to raise awareness amongst medical professionals (who may see only one or two cases of CUP in a lifetime's practice).

# Endorsements

The Foundation has been instrumental in bringing together experts from across the world and encouraging the development of research to improve the outcomes of patients with CUP.

Dr Andrew Fowell, Macmillan Consultant in Palliative Medicine

This website is a fantastic resource.

Dr Maurice Slevin, Medical Oncologist

This site provides much needed and accessible help for CUP patients and their loved ones -I'm very, very impressed. Nicola James, Macmillan

Nurse Consultant

What a brilliant site.
It provides a light in the grey world of CUP.
CUP patient (UK)

making the unknown, known

# What patients say...

"Soon after my diagnosis my daughter contacted you, and you were kind and gave her hope."

"Am so glad to have found this site!!!!!
Since diagnosis I have felt like I'm on a raft in the middle of the ocean and no one knows I'm there or can rescue me.... I started to cry at the thought that I found people who have experienced the frustration of dealing with this illness and can understand my frustration."

"If you have CUP you are given less support than other cancer sufferers as you do not slip into a definite category."

"Your site is so great. I have a hard road ahead but feel calmer now that I've started a targeted chemo treatment. I fully understand the importance of your website and help."

"At first I was tired of answering the questions about CUP to friends and some doctors but this website has helped me realize that the world needs to know about us."...



To learn more about the work of the Cancer of Unknown Primary Foundation - Jo's friends, or to contact us by eMail, please visit: **www.cupfoundjo.org** 

CUP Foundation The Fold, Lower End Daglingworth Cirencester GL7 7AH

Registered Charity No: 1119380

cancer of unknown primary Jos foundation cancer of unknown primary friends foundation

> Providing Information Supporting Research Promoting Change

# What is CUP?



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Cancer of Unknown Primary (CUP) is hidden cancer. The term is applied when a patient is diagnosed as having cancer which has spread, but its origin cannot be identified. This makes treatment, which is based on the profile of the primary cancer, extremely difficult.

**Jo's friends** was established in memory of Jo Symons who died of CUP in September 2006, a few days after her 46th birthday. To her family and friends it seemed incomprehensible that,

in the 21st century, it was not possible to make a primary diagnosis and that little was being done to promote awareness and research; or to offer information and support to CUP patients and their carers.



# Who has heard of CUP?

- CUP represents about 3% of cancer incidence affecting almost 10,000 people in the UK each year. It is the 5th commonest cause of UK cancer deaths.
- Patients suffer the double agony of a cancer diagnosis with the added distress of not being able to explain the origin of their cancer.

cancer of unknown primary foundation

What is CUP?

### **CUP** biology is not understood

other than that the primary cancer stays small or disappears, yet the cancer spreads unpredictably, often to more than one organ.

Most CUP definitions are of carcinoma of unknown primary where (unlike lymphoma, sarcoma and melanoma) further distinctions are needed to achieve effective treatment.

Because the cancer cells lose their unique features as the cancer spreads, identifying the original cancer cells (the target of chemotherapy) is difficult. The primary cancer may remain hidden during treatment (and at *post mortem*). This makes CUP a challenging diagnosis for both doctor and patient.

There are few standard treatments, because the cancer is likely to be different for every patient, with widely different outcomes.

Some of those who have a provisional CUP diagnosis may be treated successfully.

Life expectancy of those with confirmed CUP rarely extends beyond 8 months. For some, it is a matter of weeks.

# **CUP** is an orphan disease

Doctors lack understanding of the disease and patients presenting with CUP often do not have the medical and other benefits available to those with site-specific cancers.

### **CUP patients need:**

• rapid identification with early and appropriate specialist involvement

- efficient arrangements to manage the initial diagnostic investigations without delay
- support and information about CUP
- early involvement of specialist palliative care.

There is a lack of research into CUP, or even agreed definitions of the disease.

making the unknown, known



# Our mission is to Make the Unknown, Known by:

We run international

the world.

through:

patients.

(MDTs).

CUP experts from around

conferences bringing together

Jo's friends has committed

funds for clinical research

international partners on

patient experience research

and epidemiological studies.

and has worked with

(3) Promoting change

Raising awareness of this

low profile disease and the

Supporting the training

and validation of hospital

Encouraging the use of

molecular profiling of the

mutations – that support

Improved data capture to

understand better the CUP

tumour and the identification

scientific advances -

of actionable genetic

targeted treatments.

patient pathway.

**CUP Multidisciplinary Teams** 

unique problems facing CUP

- (1) Providing Information and Support to CUP patients and their carers.
- Our in-depth website at www.cupfoundjo.org provides essential information for patients and carers.
- Jo's friends has worked with Macmillan Cancer Support to produce a free booklet on CUP for distribution to cancer centres throughout the UK.
- (2) Research that improves diagnosis, management and treatment to help today's patients and end the problem of CUP.
- We work with national and international organisations to encourage research, knowledge-sharing and expertise that benefits CUP patients.



# **Donations**

- - this declaration, until I notify you otherwise, to Cancer of Unknown Primary Foundation Jo's friends as Gift Aid donations. I am a UK taxpayer and pay an amount of income tax and/or capital gains tax each

Please treat all donations I make from the date of

year at least equal to the tax that can be reclaimed on my donation(s).

(Please sign to allow us to recover Gift Aid from HMRC).

All donations will be acknowledged.
Please return this form to:

CUP Foundation The Fold, Lower End, Daglingworth, Cirencester GL7 7AH

| www.cupfoundjo.org

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www.cupfoundjo.org

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