
Perspectives on the CUP MDT

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CUP 2015, Royal College of Physicians
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MDT Perspectives

- Things to think about.....
 - The “CUP” MDT
 - The Patient Pathway
- Three cases
- Panel discussion



What is needed?

- Early assessment by a specialist CUP team
- Cross-sectional imaging
- +/- Histological diagnosis
- Rapid conclusion of investigations terminating in a decision on best supportive care or definitive therapy

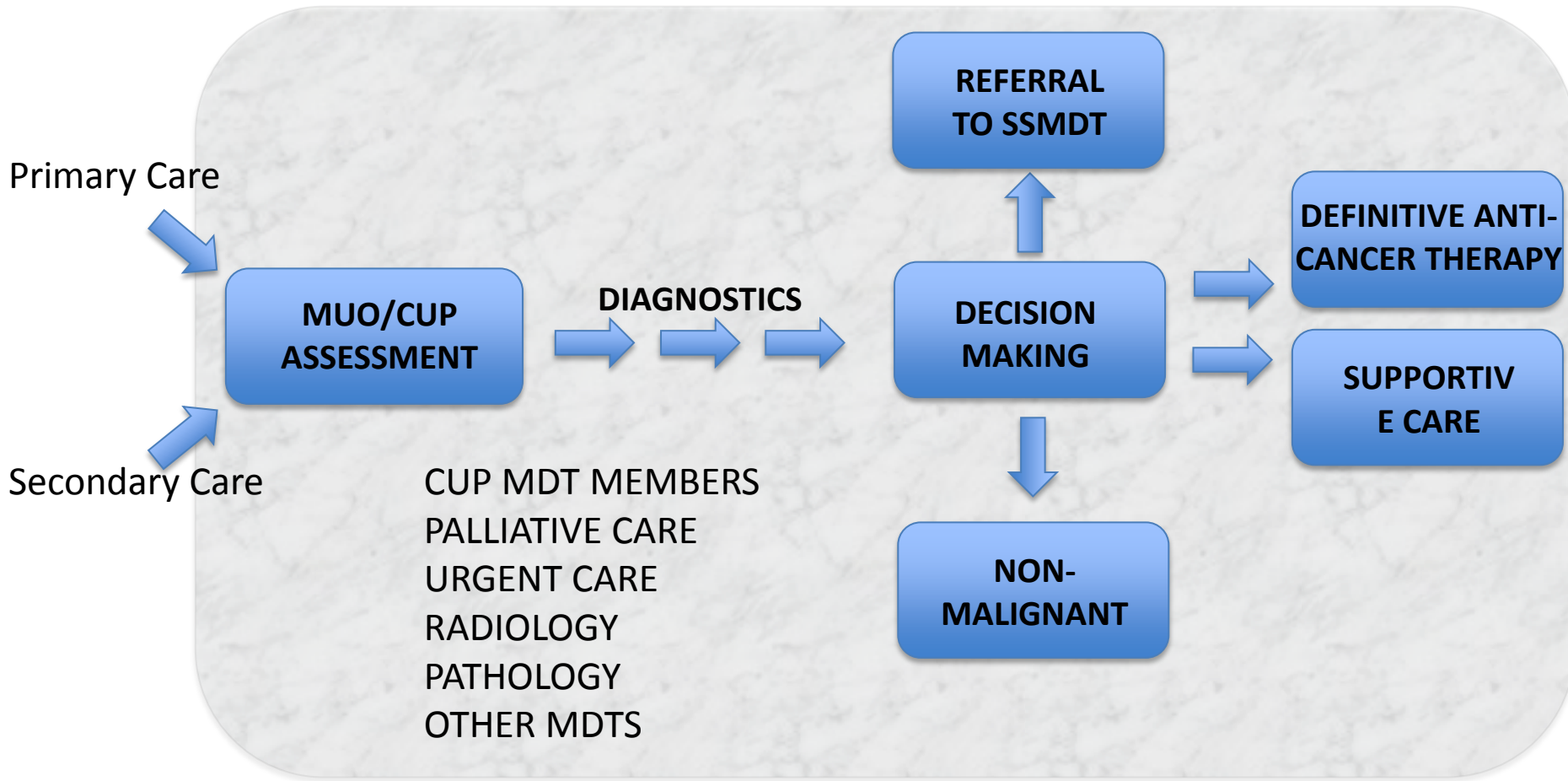


What Isn't Needed

- Excessive 'hunt the primary' investigations
- Protracted uncertainty
- Protracted inpatient stay



Patient Pathway



Case Presentation – Who Owns the Unknown?

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An unusual presentation

- 45 year old female
- March 2014 increasing dyspnoea on exertion
- Investigated – primary pulmonary hypertension diagnosed September 2014
- Noticed left leg swollen during investigations and enlarged inguinal lymph node
- Referred for pulmonary endarterectomy



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- December 2014 – CT shows low volume lymphadenopathy in inguinal and para-aortic regions. No clots seen
 - Working diagnosis of recurrent pulmonary thromboemboli causing pulmonary hypertension
 - Referred to haematology



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- January 2015 – seen by haematology, suspected low grade lymphoma
 - Referred for lymph node biopsy
 - February 2015 – inguinal node excision confirms metastatic adenocarcinoma
 - Immunohistochemistry
 - A/E1+ CK7+ CK20- TTF1- CDX2- CA125+ WT1- S100-
 - Serum Ca125 =13000



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- Seen by CUP team
 - Repeat CT shows gradual enlargement of inguinal and para-aortic lymphadenopathy. Probably affected axillary nodes too
 - Discussed at CUP MDT
 - “provisional CUP”
 - MRI pelvis
 - Treat as for female genital tract malignancy







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- MRI pelvis – minimally enlarged pelvic nodes and inguinal nodes as previously noted
 - Discussed with gynaecological oncology team
 - “This is a CUP – not our responsibility”
 - “Give carboplatin and paclitaxel, get back to us if any problems”



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- Reacted to first dose of paclitaxel, given single agent carboplatin
 - Achieved a PR after 3 cycles but then CA125 rising and encountering haematological toxicity
 - Needed ureteric stent for distal extrinsic compression



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- Discussed again
 - gynae oncologists “give single agent gemcitabine”
 - CUP MDT “try abraxane”
 - Pharmacy “abraxane not indicated and not funded”
 - Given 3 cycles gemcitabine with stable disease



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- CA125 rising
 - Now having abraxane



Issues

- Atypical presentation in a young woman – finding of adenocarcinoma was a complete surprise to all concerned
- Ownership of the problem
 - Head & neck nodal CUPs go to H&N MDT
 - Axillary nodal CUPs go to breast MDT
 - What level of confidence do we need to have to send a patient to the site-specific MDT

